

<u>Mon., July 5th</u> NO MEALS SERVED	<u>Tues., July 6th</u> Baked Ham in Pineapple sauce Sweet Potatoes Broccoli Cucumber Salad Strawberry Shortcake Rye Bread	<u>Wed., July 7th</u> Meatloaf Ketchup Backwoods Potatoes Carrot Coins Diced Pears Oatmeal Raisin Cookie Wheat Bread	<u>Thurs., July 8th</u> Spaghetti with Meat sauce Parmesan Cheese French Cut Gr. Beans Tossed Salad w/ Italian Dressing Lazy Dazy Oatmeal Cake Vienna Bread	<u>Fri., July 9th</u> Baked Chicken Red Jacket Potatoes Margarine Pats Asparagus 3 Bean Salad Blueberry Torte Dinner Roll
<u>Mon., July 12th</u> Roast Beef Baked Potatoes Sour Cream / Marg. Squash Ice Cream Purple Plums Whole Wheat Bread	<u>Tues., July 13th</u> Hamburger on a Bun Ketchup / Mustard Parsley Potatoes Baked Beans Sunshine Salad Hunter's Pudding	<u>Wed., July 14th</u> Roasted Chicken Whipped Potatoes Gravy Wisconsin Blend Veg. Tossed Salad w/ French Dressing Banana Cake Sourdough Bread	<u>Thurs., July 15th</u> Ring Bologna Ketchup German Potato Salad Red Cabbage Applesauce Peanut Butter Cookie White Bread	<u>Fri., July 16th</u> Pork Chop Gravy Homemade Dressing Summer Blend Veg. Coleslaw Lemon Bar Russian Rye Bread
<u>Mon., July 19th</u> Baked Macaroni and Cheese Stewed Tomatoes Tossed Salad w/ Ranch Dressing Cherry Crisp Sourdough Bread	<u>Tues., July 20th</u> Meatballs in Mushroom Gravy Over White Rice Baby Whole Carrots Tomato /Onion Salad Fruit Cocktail Cake Wheat Bread	<u>Wed., July 21st</u> BBQ Rib O'Brien Potatoes Broccoli Chilled Peaches Pineapple Upside Down Cake White Bread	<u>Thurs., July 22nd</u> Southern Fried Chicken Dumplings Gravy Capri Blend Veg. Apricots Sherbet WW Roll	<u>Fri., July 23rd</u> Ham loaf Scalloped Potatoes Green Beans Banana Macaroni Salad Cornbread Muffin
<u>Mon., July 26th</u> Chopped Beef Steak Au Gratin Potatoes Harvard Beets Carrot Raisin Salad Pumpkin Bar Wheat Bread	<u>Tues., July 27th</u> Honey Baked Chicken Mashed Potatoes Gravy Country Blend Veg. Perfection Salad Apple Crisp White Bread	<u>Wed., July 28th</u> Pork Loin Whipped Potatoes Gravy Rivera Blend Veg. Pea and Cheese Sald Ice Cream Russian Rye	<u>Thurs., July 29th</u> Beef Tips Over Noodles Wax Beans Fruited Jello Chocolate Pudding Sourdough Bread	<u>Fri., July 30th</u> Pizza Casserole Whole Kernel Corn Tossed Salad w/ 1000 Island Dressing Molasses Cookie Italian Bread
<u>Mon., August 2nd</u> Pork Chop Suey Over Rice Soy Sauce Chow Mein Noodles Japanese Blend Veg Ambrosia Salad Peach Cobbler Wheat Bread	<u>Tues., August 3rd</u> Brat on a Bun Ketchup/ Mustard Oven Brown Potatoes Sauerkraut Mandarin Oranges Sherbet	<u>Wed., August 4th</u> Roast Turkey Mashed Potatoes Gravy Mixed Vegetable Cranberry Sauce Carrot Cake w/ cream Cheese Frosting Rye Roll	<u>Thurs., August 5th</u> Sloppy Joes On a Bun Peas Tri-Tators Pickled Beet Salad Ranger Cookie	<u>Fri., August 6th</u> Salisbury Steak Baked Potatoes Sour Cream /Marg Zucchini & Tomato Tropical Fruit Birthday Cake White Bread

*Menus are subject to change

*2% Milk, and Margarine

Served with all congregate meals

Esther Mukand-Cerro, R.D., C.D.
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